

Volunteer Registration Form

Thanks for your interest in volunteering for a Calvary Christian Center Health & Wellness Just Move event, As a volunteer, you'll have fun and feel a personal satisfaction in helping runners and walkers achieve their goals and raising funds for an important non-profit organizations. You'll also receive a race T-shirt or other memento!

Calvary Christian Center
Health & Wellness Ministry

JUST MOVE



The volunteer form below is applicable for any event owned or managed by Fellowship Covenant Ministries International and/or Calvary Christian Center's Health & Wellness Ministry (Just Move). For our current schedule of events, please visit www.FCMInternational.net or www.CalvaryChristian.com and click on the JUST MOVE section of the event calendar.

To volunteer for an upcoming event please complete and return the form below by mail, fax, or email. Please give contact information, the race in which you are available to volunteer, and the area(s) of interest.

Volunteer Areas and Description of Activities

Race-Day Registration and Packet Pick-up

Register entrants and distribute shirts and numbers

Post race Refreshments

Serve food and fluids after the finish

Course Monitor

Help keep runners on course and safe

Anywhere on Race Day

Fill-in at any race-day area, as needed

Split Timer

Provide times for runners at each mile

Pre-Race Day Registration and Packets

Register entrants and distribute shirts and numbers. Typically, registration is the day before the event. Please check the web site for listing for a particular race to determine when or if there is pre-race registration.

Fluid Station

Hand out water on the course

Finish Line/Timing /Scoring

Process runners as they cross the finish line

Volunteer confirmation: We will try to confirm your activity the week of the race. All volunteers are needed. Even if you don't hear from us, please report for your task. You can find out complete event details, including location and parking information, on the website at www.calvarychristian.com or www.FCMInternational.net. Thanks for your help!

Julia Ashford, Health & Wellness Coordinator
Health & Wellness Ministry
9483 E. Stockton Boulevard
Elk Grove, CA 94624-5018
Ph. (916) 714-3040 ~ Fax (916) 714-2971
Email: justmove@calvarychristian.com,

Just Move Volunteer Form

Race Name: _____ Race Date: _____

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Mobile: _____

Email: _____ T-shirt Size: _____

Area of interest (Choose 1st, 2nd, and/or 3rd choice)

_____ **Race-Day Registration and Packet Pick-up**
_____ **Course Monitor**
_____ **Split Timer**
_____ **Fluid Station**
_____ **Finish Line/Timing /Scoring**

_____ **Post race Refreshments**
_____ **Anywhere on Race Day**
_____ **Pre-Race Day Registration and Packets**
_____ **Availability?** _____

Return completed form to above email or fax number, or mail before October 4, 2009 to above address.